

Are you struggling to afford food for you and your family this summer, or do you know someone who is?

We can help.

**Please contact
Wareham food bank on
07840 408475 (phone or text)**

We can help you with a food parcel or food voucher to spend locally, or other practical help from the Blessing Fund.

Do I need to be on benefits?

No, there are no set criteria, other than being unable to afford to buy basic food.

Do I need a referral?

No, we will assess your situation to see how we can best help you.

Do I need to travel to collect a food parcel or voucher?

No, we can deliver to your door.



**Wareham Food Bank
and the Blessing Fund**
Part of Wareham's Church Family
parish.office@warehamchurches.org.uk

